

## When evaluating change in mental status, consider...

<b>D</b>	Drugs Dementia Discomfort	<ul style="list-style-type: none"> <li>• BEERS criteria (e.g., anticholinergic, benzodiazepines, hypnotics) OR dose change</li> <li>• Behavioral problems in dementia</li> <li>• Pain, insomnia, depression</li> </ul>
<b>E</b>	Eyes Ears Environment	<p>Sensory deprivation; vulnerability to environment</p> <ul style="list-style-type: none"> <li>• Glasses/hearing aids</li> <li>• Noise level/lighting</li> </ul>
<b>L</b>	Low Oxygen States	Myocardial infarction, stroke, pulmonary embolus
<b>I</b>	Infection	Pneumonia, sepsis, symptomatic UTI, cellulitis
<b>R</b>	Retention	<p>Urinary retention, constipation</p> <ul style="list-style-type: none"> <li>• Check post-void residual (PVR), rectal exam</li> </ul>
<b>I</b>	Ictal States	Seizure disorder
<b>U</b>	Underhydration/Nutrition	<p>Dehydration</p> <ul style="list-style-type: none"> <li>• Check BMP</li> </ul>
<b>M</b>	Metabolic Causes	<p>Low or high blood sugar, sodium abnormalities</p> <ul style="list-style-type: none"> <li>• Check BMP</li> </ul>
<b>S</b>	Subdural Hematoma	Head trauma