

How To Complete a Wound Dressing Change

For Long Term Care Facilities

1 GATHER ALL NECESSARY SUPPLIES

- ♦ Wound care carts and/or caddies should not enter the resident care area.
- ♦ If multiple wound sites are present, be sure to keep clean supplies separate for each wound site to prevent cross-contamination.
- ♦ Multi-dose topical medications should be dedicated, and a small amount of medication should be aliquoted into a clean container for single resident use.
- ♦ Only utilize facility-provided supplies rather than bringing in external supplies to avoid cross-contamination. This includes surgical or wound care instruments (scissors, scalpels, forceps, etc.)

2 PERFORM HAND HYGIENE



3 DON PPE ACCORDING TO ENHANCED BARRIER OR TRANSMISSION-BASED PRECAUTIONS

4 PREPARE CLEAN FIELD

5 PLACE BARRIER UNDER WOUND, IF NECESSARY

6 REMOVE AND DISCARD OLD DRESSING IMMEDIATELY

7 DOFF SOILED GLOVES AND PERFORM HAND HYGIENE

8 DON CLEAN GLOVES



9 CLEAN WOUND USING ASEPTIC TECHNIQUE

10 COMPLETE ANY WOUND TREATMENTS, PER THE PROVIDER'S ORDERS

- ♦ If multiple wound sites are present, perform hand hygiene, don new gloves and repeat steps 4-10, working from cleanest wound site to dirtiest.

11 DISCARD ALL USED SUPPLIES, UNUSED SUPPLIES SHOULD EITHER BE DISCARDED OR DEDICATED

12 DOFF GLOVES AND OTHER PPE AND PERFORM HAND HYGIENE

13 CLEAN AND DISINFECT REUSABLE MEDICAL EQUIPMENT